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FOR IMMEDIATE RELEASE

Local Attorney Thomas Henson Jr. Contributes Chapter to Book on Caring for Stroke and Traumatic Brain Injury Patients

RALEIGH, N.C., March. 19, 2012—Local attorney Thomas Henson Jr. recently contributed a chapter for the book *The Miracle Mind: Sonya's Story*, a guidebook designed to help stroke and traumatic brain injury (TBI) patients, their families, and their caregivers. With more than 20 years of experience handling TBI-related cases at law firm HensonFuerst, Henson is well-versed in the aspects surrounding the legal needs and rights of those affected by brain injuries.

The book was written by Sonya Rulli and her daughters, Stephenie and Mary, and tells the true story of Sonya's learning experience as she overcame the obstacles associated with becoming the caregiver for her mother-in-law, a stroke patient who suffered memory loss and was paralyzed on one side. Sonya was frustrated with the lack of information available for caregivers and developed The Miracle Mind program as a result.

Henson was introduced to the authors through one of HensonFuerst's employees. After several discussions, the authors realized that Henson's work with TBI victims complemented what they were trying to achieve with their book.

Henson's contribution to the book, which was originally published in 2010, focuses on the challenges of coping with TBI and how to achieve the proper care, best quality of life, and security for TBI survivors.

"I believe one of my callings is to help people who have been affected by traumatic brain injury, as I deeply empathize with their struggle to conquer the obstacles posed by their conditions," Henson said.

"We were so impressed with Thomas's knowledge of brain injury, his compassion, and the work he does on behalf of families. His chapter is a perfect complement to *The Miracle Mind: Sonya's Story*. It adds another piece for the caregiver to bridge the gap from hospital care to aftercare."

Sonya Rulli

Co-Author

The Miracle Mind: Sonya's Story

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“I have spent countless hours making sure I understand the issues and problems facing these families and working to help them put their lives back together after such devastating events.”

Henson recommends the following advice for anyone affected by TBI:

- Make sure to get medical attention for your injuries. Medical literature indicates that the best opportunity to make significant gains after a brain injury is within the first six months.
- Get involved in support groups for TBI victims and their families. Caregivers of all kinds, but especially TBI caregivers, are prone to burnout, especially when dealing with a loved one with drastic personality changes or other cognitive and emotional deficits.
- If the injury is due to the fault of someone else, talk to a lawyer as soon as possible to preserve evidence, get relevant witness statements, and help coordinate medical and therapeutic interventions.

To learn more and purchase *The Miracle Mind: Sonya's Story*, visit TheMiracleMind.com.

About HensonFuerst

HensonFuerst, P.A., is a North Carolina-based law firm with offices in Raleigh, Rocky Mount, Creedmoor, and Boone, concentrating in traumatic brain injury, nursing home abuse, medical malpractice, and mass tort cases. For nearly 40 years, the attorneys at HensonFuerst have represented those injured by the negligence of others. With successful multimillion-dollar verdicts and settlements throughout the state of North Carolina, the team of 13 lawyers and 40 staff members at HensonFuerst offer considerable experience and resources for their clients. For more information, visit www.HensonFuerst.com.

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